

## Physical Education Department 2021-22

Various activities like Inter-collegiate University Level tournaments, Intra collegiate tournaments (Inter Class -Sports meet) Coaching camps, training schedules, practices of various games, competitions, Yoga Day, Induction Programme, Webinars, Workshops, 29<sup>th</sup> August Sports Day etc. were conducted / Organized by the department for students in academic session 2019-20.

Institutes Players excelled at International, National, State, All India University and University Level Tournaments. MOU was done with Department of Physical Education Institute of science and Dental College and Para Cricket Club.

Professor Madhavi Mardikar Received Prestigious PEFI (Recognised by Central government of India) - **Best Physical Education Teacher award**



### Department of Physical Education **ORGANISED VARIOUS EVENTS FOR Students, Staff and Others**

1. Essay Competition for Students “Leadership of Shivaji Maharaj & Leadership in Sports” on 6 and 7 June 2021. 190 Students were participated.

#### Essay competition Result-

1. Vaishnavi Nirgule
2. Aashish Tagade
3. Prithvi Raut

#### Scrutiny Judges

- 1 Dr Sandhya Dhabe
- 2 Dr Yashree Gadhikar
- 3 Dr. Kavita Patil
- 4 Dr Gayatri Beher
- 5 Dr Aruna Kavadkar
- 4 Dr.Sunil Ganatra
- 5 Dr. Sunil Patil

#### Final Judges

- 1 Dr.Anjali Rahatgoakar
- 2 Dr. Surekha Kalkar
- 3 Dr. Uday Thool

Essay competition on  
**Leadership of Shivaji Maharaj  
&  
Leadership in sports**

organised by Department of Physical Education

For BSC students

Date of competition :  
6 and 7 June 2021

**Scrutiny Judges**

Dr.Swati Kaushik  
Dr.Sandhya Dhabe  
Dr.Yashri Gadikar  
Dr.Aruna Kawadkar  
Dr.Gayatri Bahere  
Dr.Kavita Patil

**Final Panel**

Dr.Anjali Rahatgoakar  
Dr.Surekha Kalkar  
Dr.Uday Thool  
Dr.Sunil Ganatra  
Dr. Sunil Patil

Dr.Madhavi Mardikar  
organiser & Head  
Physical Education Department

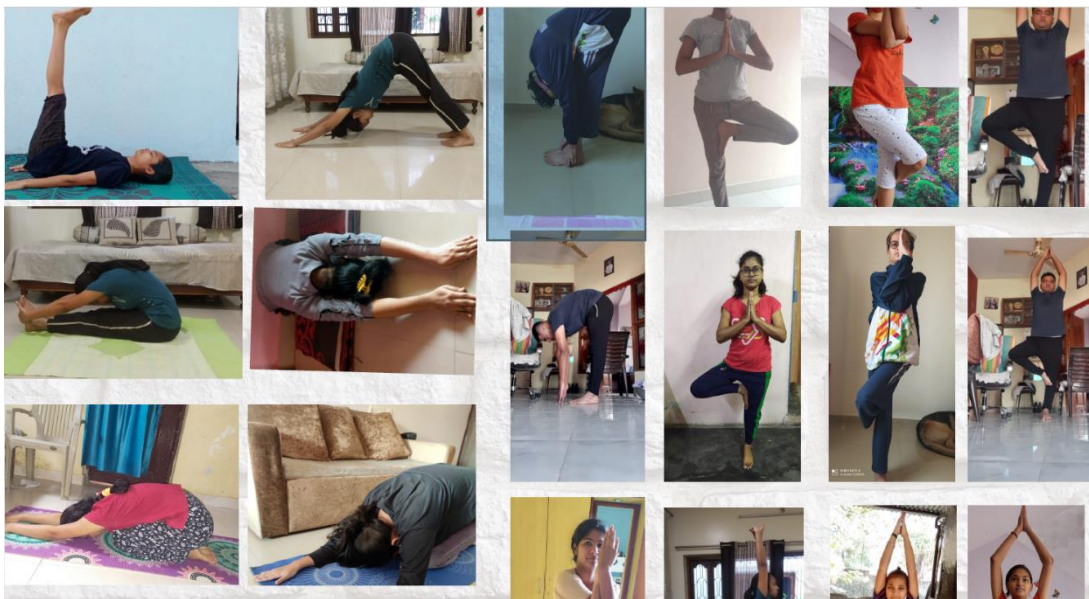
Dr.R.G. Atam  
Director  
Institute Of Science Nagpur

2. Online International Yoga day was celebrated by Department of Physical Education on **21 JUNE 2021 AT 8:30 am**. Dr.Madhavi Mardikar Head of the Department delivered Lecture on importance of YOGA and after that Practical session was done. Dr.R.G.Atram (Director Institute of Science)was Preside over the function. Teaching and non-teaching Staff and Students were present (Total **186** were present)



3. **Yoga Camp** Was organised by Dr. Madhavi Mardikar for Student from 10 – 16 may 2021 (1 Week)

National Level Yoga Camp was conducted by Dr. Madhavi Mardikar from 10 May -18 May 2021 from 7:00 am to 8:00 am. And Got **Consolation Prize from YCMOU for best camp conducted Award.**





**नबीरा महाविद्यालय, काटोल**  
केंद्र क्र. 44223  
द्वारा आयोजित

**विषय : विद्यार्थ्यांसाठी योगअभ्यास  
(सूर्यनमस्कार, आसन, प्राणायाम)**

वेळ : सकाळी 7.00 ते 8.00  
कालावधी : 10 मे ते 18 मे 2021 पर्यंत

केंद्र प्रमुख : ग. च. डॉ. सुनिलकुमार नविन  
केंद्र संयोजक : डॉ. तेजसिंह जगदळे  
प्रशिक्षक : डॉ. माधवी मारडीकर

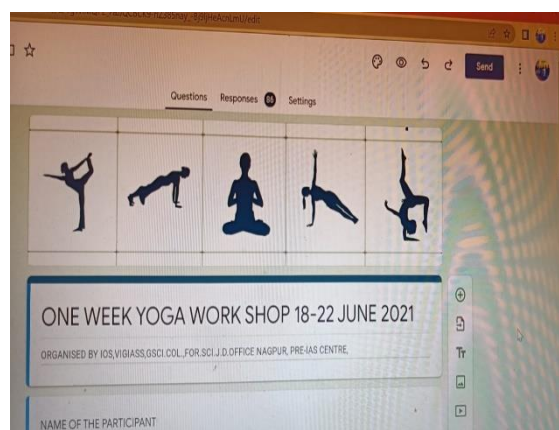
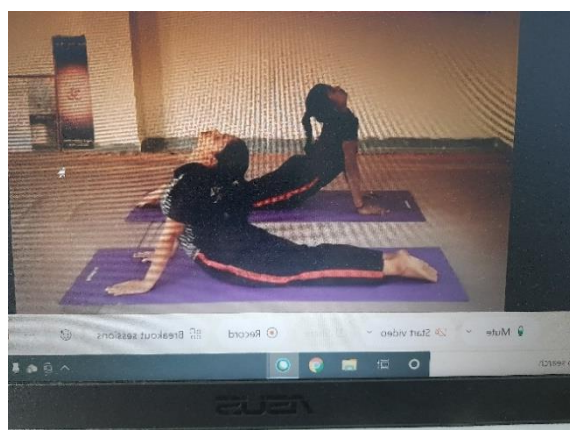



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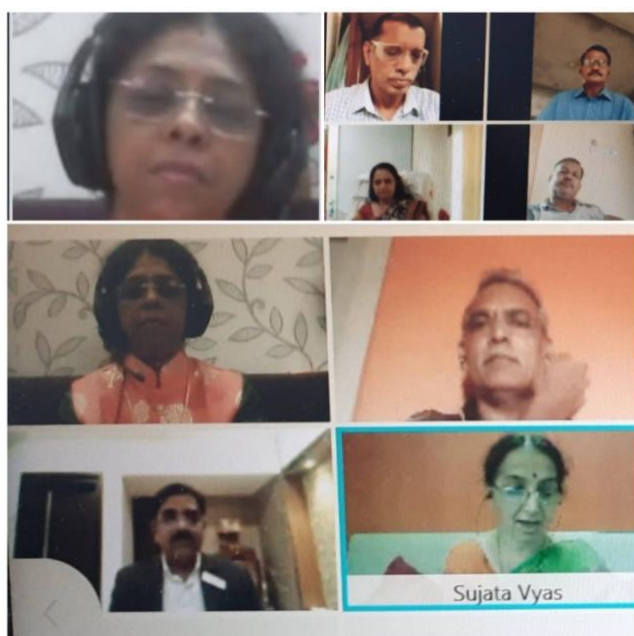




4. **State Level 1week YOGA** Workshop on The Eve of International Yoga was Jointly **Organised** by Institute of Science Nagpur, Joint Director Higher Education Nagpur Region, Government Institute of Forensic Science Nagpur, Govt Science College Gadchiroli, P.G,T.D.Physical Edu.Rtmnu Nagpur, Vasantnao Naik, Govt.Institute of Arts & Social Sci.Nagpur from 18-22 June 2021 **86** delegates were present



5. Department of Physical Education Institute of Science, Nagpur Vasantnao Naik Govt. Institute of Arts & Social Sci. Nagpur jointly organised one day webinar on Neuroscience of Adolescence from Turmoil to Tranquillity, Care to be taken after vaccination & Mucor Mycosis (Black Fungus) and white Fungus: Symptoms, precautions, and remedies on 12 June 2021. **423** delegates were present.



## Intra Mural 2021-22

### Organized intra college competition in 8 disciplines

Intra-college matches of 8 **discipline**, 21 sub disciplines men & women competitions and **Student In charges - Mr. Manish Kadukar -President, Nayan Nikhade Vice President, Dhaval Khandait & Anirudhha Talegaonkar are Secretary of the Meet.**

- 1) Cricket, (men, women & Teaching and Nonteaching) Prasad Rathod,
- 2) Suryanamaskar, (men & women) Anchal Rakhade,
- 3) Yoga (men & women) Chetana Bhosale
- 4) Badminton (men's single, men's doubles, mixed double, women's single, women's doubles)  
Manish Kadukar
- 5) Table-Tennis (men's single, men's doubles, mixed double, women's single, women's doubles)  
Suchita Parateki
- 6) Tug of War (men & women), Sushant Rathod
- 7) Chess, (men & women) Dhaval Khandait
- 8) Mini Marathon (men & women) Vaishnavi Nirgude

matches were conducted in 15 days meet. The matches were played between (PCM, PSM, PEM) vs (CBZ, CZ ENVO, CBENVO, SCOM) Physics group vs. Non-Physics Group from BSc. I, II, III and M.Sc. I, II.

### *Results of all Intra Murals events*

#### MINI MARATHON

##### BOYS

1. Ayush Dhurve
2. Yash shinde
3. Tejas Atkari

##### GIRLS

1. Suchita Badole
2. Reshma Mane
3. Saumya V

#### YOGA

##### BOYS

1. Shahil Yadav
2. Abhay Kayarkar
3. Abhinav Lohkare

##### GIRLS

1. Prachi Salam
2. Sharvari Patil
3. Vedanti Kohale

#### SURYNAMASKAR

##### GIRLS

1. Prachi Salam
2. Vaishnavi Nirgude
3. Janhavi Sinha

##### BOYS

1. Shahil Yadav
2. Ashish Tagade
3. Sumit Dharpure

**1 ST.****CRICKET****2 ND**

Bsc 3rd Maths GROUP

Walmik wadhai

Adarsh Raut

Aman sahare

Dhawal khandaite

Abhishek chokhandre

Tejas Bisen

Rupesh Paunikar

Sushant Rathod

Pratik Bandawar

Ankit Bawankar

Rajesh meshram

. Bsc 1st Non- Maths

Abhishek Singh,

Purvesh dehankar

Abhay kayarkar

Rishikesh dubey

Anuj Tiwari

Saurabh Rathod

Bhupesh saryam

Vivek jadav

Yash zade

Chetan Chaudhary

Vaibhav Raut

**Table Tennis Winners****SINGLES BOYS**

1. Shreemadhav Wandalkar
2. Tushar Iwnate
3. Pranay Darwade

**SINGLES GIRLS**

1. Suchitra Parteti
2. Tanvayi Dhote
3. Vaishnavi Nirgule

**DOUBLES BOYS**

1. Shreemadhav Wandalkar & Tushar Iwnate
2. Manish Chandekar & Hritik Uikey

**DOUBLES GIRLS**

1. Suchitra Parteti & Prachi Bankar
2. Tanvayi Dhote & Vaishnavi Nirgule

**MIXED DOUBLES**

1. Tanvayi Dhote & Shreemadhav Wandalkar
2. Suchitra Parteti & Tushar Iwnate

**Tug of war**

Girls winner

(BSC 3<sup>rd</sup> year non- maths)

Vaishnavi Dubey

Vaishnavi Deshmukh

Anushka akhade

Anshika Mishra

Vrushali Bhanare

Shejal lute

Jasmine Dongare

Abhigya rangari

**Tug of war**

Boys winner (BSC 3rd maths)

Sushant Rathod

Sakshant gongal

Dhawal Khandaite

Ankit Bawankar

Adarsh Raut

Aman Shahare

Vedant Patil

Palash Pedraj

Anurag Tiwari

Boys Runner-up 2nd  
year BSC Non  
Maths

Nayan Nikhade

Manish Kadukar

Purvesh Reddy

Vrushabh Nagpure

Sagar Barapatre

Ansh Wadiwa

Suhas Mankar







## Sports Meritorious Students All India Inter University and National Level



**Pruthvi Raut BSc IV SEM**  
**Represented Inter All India University**  
**in Baseball**



**Jeevandeep Kshirsagar BSc- SEM**  
**IV, All India University In Fencing**



**Ishika Wardhadkar BSc IV Sem All**  
**India Inter university and**  
**represented Nationals in Boxing**



**Adity Deshmukh MSC I represented**  
**All India Inter University Tug of war**  
**and Floorball**



**Dhawal Subhash Khandait**  
**Bsc Sem VI AIU Represented in Ball**  
**Badminton**



**Shalaka Pagey B.Sc. SEM IV. Medals in**  
**chess and lawn tennis, Represented Inter**  
**All India University in Chess and Lawn**  
**tennis**





**Ku.Prachi Salam and Sahil Yadav Gold Medal in Yoga and Suryanamaskar**



**Manish Premal Kadukar Bsc Semester 6 All India Interuniversity Floorball**







वरील सर्व मुलांचे अभिनंदन 🏆 🏆 🏆 🏆 🏆 🏆 मेडल्स जिंकले व All india Inter University Select झालेत

1 शलाका पागे lawn टेनिस

8 साक्षी तांबेकर अॅथलेटिक्स

2 नलिनी बाजेराव कराटे

9 जीवन दीप क्षीरसागर फेंसिंग

3 मनीष कडूस्कर floorball

10 शलाका पागे चेस

4 अदिती देशमुख floorball

11 अदिती देशमुख tug of war

5 धवल बॉल बॅडमिंटन

12 ) प्रज्वल volleyball State level

6 सोहनी राऊत baseball

13 ) प्राची सलाम सुर्यनमस्कार

7 इशिका वरखडे Boxing

14 ) पृथ्वी राऊत  
बेसबॉल

15 ) सुहास मानकर टग ऑफ वॉर

Prajwal Vijay Gaurkar

BSC 2nd Year ( PSM )

Game Volleyball

Ud 21 Youth Championship 1st Place

At Gangapur Dist Aurangabad

Name: Prajwal Vijay Gaurkar

Class: BSC 2nd year (PSM) 4th sem

Volleyball achievement Year wise

1) Youth State championship 1st place (Under 21) 2022

2) Youth State championship 3rd place (Under 21) 2022

3) Under 18 state championship 3rd place 2021-22





**Adity Deshmukh MSc- 1  
AIU- Tug of war & Floor ball**



**Sakshi Tambakhe BSC SEM IV- AIU  
in Athletics**



**Suhas Mankar BSc- Sem  
IV-AIU Tug of War**



**Prajwal Gaunkar  
Nationals in Volleyball**



**Shalaka Page BSC Sem IV  
AIU in Chess & Lawntennis**



**Manish Kadukar BSC  
Sem VI AIU Floorball**



**Prithvi Raut BSC Sem IV  
AIU in Baseball**



**Dhaval Khandait BSc  
Sem VI-AIU in Ball  
badminton**



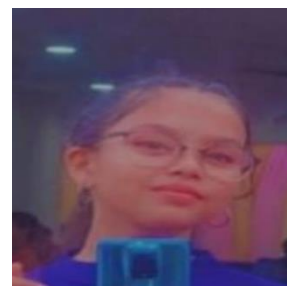
**JEEVANDEEP KSHIRSAGAR  
MSc-I Sem AIU in Fencing**



**Prachi Salam BSc Sem IV  
Yoga & Suryanamasakr**



**Ishika Warkhade BSc Sem IV  
National & AIU in Boxing**



**Nalini Bajerao BSc  
Sem VI AIU Karate**